



Carefirst
SENIORS & COMMUNITY SERVICES ASSOCIATION
Since 1976

Carefirst One-Stop Multi-Services Centre

300 Silver Star Blvd., Scarborough, Ontario M1V 0G2
Email: info@carefirstontario.ca Website: www.carefirstontario.ca

Tel : (416) 502-2323 Fax : (416) 502-2382

South Toronto Office

479 Dundas Street West, Toronto, Ontario M5T 1H1

Tel : (416) 585-2013 Fax : (416) 585-2892

York Region Community Services Centre

420 Hwy 7 East, Suite 104A, Richmond Hill, Ontario L4B 3K2

Tel : (905) 771-3700 Fax : (905) 763-3718

York Region Richmond Hill One-Stop Access Multi-Services Centre

9893 Leslie Street, Richmond Hill, Ontario L4B 3Y3

Tel : (905) 780-9646 Fax : (905) 780-9045

From: Carefirst Seniors and Community Services Association

To: City of Richmond Hill

Date: June 20, 2019

Subject: Member Motion re. Age-friendly Community

On behalf of Carefirst Seniors and Community Services Association ("Carefirst"), I am writing to support Councillor Godwin Chan's motion to explore the development and implementation of an Age-Friendly Community Strategy, in addition to establishing a Senior Advisory Committee, in Richmond Hill.

As the number of seniors aged 65 and over currently residing in Richmond Hill is expected to grow beyond the 14.6% as indicated in the Census 2016, it is crucial for the government at all levels to support our aging population by creating safe, inclusive and accessible community spaces.

What started as a Chinese Meals on Wheels service in Downtown Toronto's Chinatown 43 years ago, Carefirst has since expanded its scope of services to include a wide and comprehensive spectrum of primary health care and community support services, such as adult day programs, assisted living services, wellness education, home and community care, chronic disease management and primary health care centres. Carefirst considers making the city's infrastructure more supportive and accessible an important step in enabling seniors to achieve active, healthy and independent living and to stay engaged in their communities.

Carefirst strongly supports Councillor Chan's motion to develop the Age-Friendly Community Strategy as well as a Senior Advisory Committee in the City of Richmond Hill to advance the AFC initiative.

Yours sincerely,

Helen Leung
Chief Executive Officer
Carefirst Seniors and Community Services Association

Where care always comes first!



United Way
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