



**Carefirst One-Stop Multi-Services Centre**

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**From:** Carefirst Seniors and Community Services Association

**To:** City of Richmond Hill

**Date:** June 20, 2019

**Subject:** Member Motion re. Age-friendly Community

On behalf of Carefirst Seniors and Community Services Association ("Carefirst"), I am writing to support Councillor Godwin Chan's motion to explore the development and implementation of an Age-Friendly Community Strategy, in addition to establishing a Senior Advisory Committee, in Richmond Hill.

As the number of seniors aged 65 and over currently residing in Richmond Hill is expected to grow beyond the 14.6% as indicated in the Census 2016, it is crucial for the government at all levels to support our aging population by creating safe, inclusive and accessible community spaces.

What started as a Chinese Meals on Wheels service in Downtown Toronto's Chinatown 43 years ago, Carefirst has since expanded its scope of services to include a wide and comprehensive spectrum of primary health care and community support services, such as adult day programs, assisted living services, wellness education, home and community care, chronic disease management and primary health care centres. Carefirst considers making the city's infrastructure more supportive and accessible an important step in enabling seniors to achieve active, healthy and independent living and to stay engaged in their communities.

Carefirst strongly supports Councillor Chan's motion to develop the Age-Friendly Community Strategy as well as a Senior Advisory Committee in the City of Richmond Hill to advance the AFC initiative.

Yours sincerely,

Helen Leung

Chief Executive Officer

Carefirst Seniors and Community Services Association

*Where care always comes first!*



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